

Dojo Floor

Monday	Tuesday	Wednesday	Thursday	Saturday
4:30 Beginners White-Green	4:30 Lil' Kickers	4:30 Advanced	4:30 Lil' Kickers	
5:00 Lil' Kickers	5:00 Beginners White-Yellow	5:15 Black Belt	5:00 Advanced	
5:30 Candidate Training	5:30 Beginners Orange-Green	6:00 Lil' Kickers	5:30 Beginner White-Green	
6:15 Advanced	6:00 INT/ADV	6:30 Sparring	6:00 Intermediate	
7:00 Adult/Teen	6:45 Adult/Teen 7:30 Adult Sparring	7:00 Adult/Teen	6:30 Adult/Teen 7:15 Black Belt	

Spring Floor

Monday	Tuesday	Wednesday	Thursday	Saturday
4:30 Sparring	4:30 Sport Karate Fundamentals	4:30 Intermediate	4:30 Sport Karate Fundamentals	9:00 am Lil Kickers
5:00 Weapons I	5:15 Competition Forms	5:15 Weapons I	5:15 Competition Forms	9:30 All Belts
5:30 Weapons II-III	6:00 Tricking	5:45 Beginners White-Green	6:00 Tricking	10:15 Open Mat
6:00 Intermediate	6:45-8 Team Conquer	5:45 Weapons II-III	6:45-7:45 TCII The Conquer Crew	11:00 Sparring
6:45 Black Belt		6:45-7:45 Candidate Training		11:30-1:00 Candidate Training