



De Pere Class Schedule

Monday	Tuesday	Wednesday	Thursday
4:30pm Little Kickers	4:30pm Little Kickers	4:30pm Little Kickers	4:30pm Little Kickers
5:00pm Beginners	5:00pm All Belts Competition Fundamentals	5:00pm Beginners	5:00pm Beginners
5:30pm Weapons	5:30pm Tricking	5:30pm Intermediate/ Advanced	5:30pm Intermediate/ Advanced
6:00pm Intermediate/ Advanced	6:00pm Competition Forms	6:15pm Sparring	6:15pm Intermediate Weapons
6:45pm Kickboxing		6:45pm - 7:30pm Teens/Adults	6:45pm Sparring
7:15pm - 7:45pm Teens/Adults			7:15pm - 7:45pm Teens/Adults

Effective August 24th