



De Pere Class Schedule

Monday	Tuesday	Wednesday	Thursday
5:00pm Lil' Kickers	5:00pm Lil' Kickers	5:00pm Lil' Kickers	5:00pm Lil' Kickers
5:30 pm Beginners	5:30 pm Beginners	5:30 pm Beginners	5:30 pm Beginners
6:00 pm Int/Adv/Teens & Adults		6:00 pm Int/Adv/Teens & Adults	6:00 pm Int/Adv/Teens & Adults
6:45 Self-Defense Kickboxing		6:45 Stretching and Conditioning	6:45 Tricking

Effective March 25th