



De Pere Class Schedule

Monday	Tuesday	Wednesday	Thursday
4:30pm Lil' Kickers	4:30pm Candidate Training	4:30pm Lil' Kickers	4:30pm Lil' Kickers
5:00pm Beginners	5:00pm Lil' Kickers	5:00pm Beginners	5:00pm Beginners
5:30pm Weapons	5:30pm Beginners	5:30 pm Film Stunts and Choreography	5:30pm Competition Fundamentals
6:00pm Kickboxing		6:00pm Sparring	6:00pm Weapons
6:30pm Int/Adv/Teens & Adults		6:30pm Int/Adv/Teens & Adults	6:30pm Int/Adv/Teens & Adults

Effective September 1st